

Alpha

Elite Assisted Living Home



***“It’s not how old you are.
it’s how you are old”***

PROGRAM OVERVIEW



The Alpha Elite Assisted Living Home is widely recognized as the most effective inpatient assisted living home, pioneered by a team of expert professionals with outstanding qualifications and years of experience in the field.



❁ Why Choose our Alpha Elite Assisted Living Home?

Choose Alpha Elite Assisted Living Home because:

- ❁ We have got a world class residential program, state of the art facilities, and a serene location where our clients will receive prompt and tailored services from our warm and courteous staff.
- ❁ The Alpha Elite Assisted Living Home program is developed and anchored by our team of licensed medical professionals who have years of experience in their field.
- ❁ Our program is tailored to individual needs based on the stay.
- ❁ You will have access to various activities at Alpha Elite Assisted Living Home.
- ❁ It is a program that is defined for you to stay longer and healthier.
- ❁ Care that enables individuals to live their lives with better quality of life.
- ❁ Care that respects each individual's wishes.

Our Team Pictures:



Dr. Jigar Panchal
Program Director
Master of Occupational Therapy



Hitiksha Panchal
House Manager



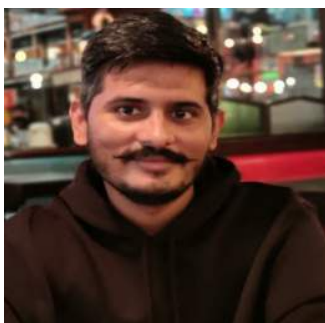
Foram Pandya
Dietician/Nutritionist
PGDAN, B.Sc (Public Health Nutrition)



Dr Pooja Bhatt
Visiting Doctor
M.D. (Homeopath)



Dr. Parth Soni
Psychiatrist
CIH, DNB Psychiatry, PGDCH



Ishant Kumar
Clinical Psychologist
M. Phil (RCI Licensed)



Prashant Kumar
Yoga Therapist
Masters in Yogic Science



Dr. Charmi Patel
Occupational Therapist (B.O.Th)

Benefits of the Alpha Elite Assisted Living Home

We believe that a seamless continuing care approach is fundamental to achieving the desired goal of long-term care that enables elders to have the highest quality of life.



✧ High Quality

Client-centered care provided by staff trained in various domains in the best practices of dementia & geriatric care.

✧ Client-Centered

Client-centered care that it is tailored to each individual's preferences and what their medical and geriatric needs dictate.

✧ Meaningful Life

Client-centered care that enables individuals to live with better Quality of Life.

✧ Dignity At Elderly Phase-of-Life

Client-centered care that respects each individual's elderly phase-of-life wishes.

Our Approach

At Alpha, senior citizens can move in and live with us. We are aware that leaving your house is never an easy choice. So we make every effort to deliver our services in a setting that feels like home through our design sensibility, caring, and services.



At Alpha Elite Assisted Living Home, we are here to accompany you on this path and we are aware of your anguish. We will work carefully with you to comprehend your requirements and concerns so that we can give proper guidance and counseling. We will be your dependable support system at every turn. Attending to even their most basic needs, creating a personalized care plan for them based on the identified information, and learning more about the elderly's likes and dislikes because nothing is too small for us.

Our Approach Includes:

✧ **Occupational Therapy**

✧ **Medical Support**

✧ **Skilled Nursing**

✧ **Customized Food Preference**

✧ **Nutritional Guidance**

✧ **Yoga and Meditation**

✧ **Recovery and Rehabilitation**

Admission Process

We take extra care to bring you peace of mind during the admission process, which is the first step towards staying at an assisted living home.



Once you have made the decision to go to an assisted living home, you may feel overwhelmed with all the options available to you. By calling our 24/7 contact number at +91 63543 86893 , we can help make the admission process easy and straightforward. The admission team at Alpha Elite Assisted Living Home is available to help ease your mind.

✿ Are you ready to get the help you need?

These few steps will take place during the admission process:

✿ **Speak with our Intake Coordinators** **+91 63543 86893**

Our Team of intake coordinators will give you all the information you need to know about your first step towards moving into an assisted living home. They can do a complimentary check of your medical condition and help you decide further.

✿ **Choose your stay**

We offer multiple option for the duration of stay. You may choose any that fits best according to your needs.

✿ **Tour our Facility**

You can request a tour of the residence. This will ease your mind that your stay will include a comfortable and supportive environment. To request a tour, please call on +91 63543 86893 or email us at info.alphaeliteassistedliving@gmail.com

✿ **Set up Enrolment**

Due to highly individualized care, the space at our home is limited. So please reserve your admission as soon as you are ready. You can book in advance by calling our coordinator at +91 63543 86893.

For package related queries, drop us an email on info.alphaeliteassistedliving@gmail.com or call on +91 63543 86893

Our Facilities

In addition to our world class assisted living home, contemporary facilities, and serene location, our clients will also receive prompt and tailored services from our warm and courteous staff.



Types of Room

- ✧ Single occupancy is when one elderly resides in their own room with a bathroom.
- ✧ Double occupancy is when 2 elderlies reside in a room with a shared bathroom.
- ✧ Economy room is when 3 or more elderly people share a room with a shared bathroom.



Our Programs

At our assisted living home, We offer various programs that clients can choose from to suit their lifestyle.



Assisted Living

For seniors who wish to be independent but need some help with their daily routines, we provide 24 hour care and assisted living services (e.g. bathing, grooming, toileting, assistance with meals, following their medication regimen).

Skilled Nursing

One of the integrated and modern components of assisted living is skilled nursing care. An older person who required a high degree of skilled care may be able to transition to a reduced level of care if they receive high-quality care. After being ill, hurt, or having surgery, many of our elders have come straight from the hospital to Alpha homes to complete their recovery on a chargeable basis.

Terms of Stay

- Minimum-term of stay : 90 Days
- Maximum-term of stay : 365 Days

Dementia care

The Alpha Elite Assisted Living Home takes a holistic approach and places special emphasis on managing the patient's emotional wellbeing.

For seniors with early stage dementia of early stage, Alpha Elite Assisted Living Home offers a specialist dementia care program with a team consisting of skilled nurses and occupational therapists who are experienced in dementia care and neurodegenerative diseases.

Recovery and Rehabilitation

We offer a reliable relief management system for post-operative care, rehabilitation, and respite care in a homelike setting at our assisted living facilities. Alpha is not a hospice or a nursing home.

It offers care and assisted living services to any senior person who wants to live independently but requires some help with everyday tasks.

Schedule

A World on its own!

Our department of Happiness will ensure enough Holistic Activities to Satisfy your physical, Spiritual, Emotional and Intellectual needs.



Alpha Elite Assisted Living Home activity schedule

Day / Timings	7:00 - 8:30	10:00 - 11:30	14:30 - 16:00	16:30 - 18:00	Alternate Activity 16:30 - 18:00
Monday	Yoga	Occupational Therapy [Cognition]	Make a poster-board [Recreational] [Group Therapy]	Prepare Afternoon tea [Recreational]	Gardening, Watering Plants, Plant flowers, stroll, Feed the birds [Instrumental Activities of Daily Living]
Tuesday	Meditation	Occupational Therapy [Musculoskeletal]	Play a card game[Play]	Religious activities and sing holiday songs [Leisure] [Group Therapy]	Carrom / Tambola / ludo / chess / playing cards [Cognitive] [Group Therapy]
Wednesday	Yoga	Occupational Therapy [Social Skills]	Watch a favorite sport on television [Leisure]	Read from one of their favorite books [Leisure]	Bhajan session [Leisure]
Thursday	Massage	Occupational Therapy [Musculoskeletal]	Play a card game[Play]	Make the Person's favorite lunch or snack [Instrumental Activities of Daily Living]	Painting & coloring [Recreational] [Group Therapy]
Friday	Walking	Occupational Therapy [Cognition]	Read from one of their favorite books [Leisure]	Play board games [Play] [Group Therapy]	Carrom / Tambola / ludo / chess / playing cards [Cognitive] [Group Therapy]
Saturday	-	-	Outing of residents & staff	-	-
Saturday [Routine]	Strength Trainin	Occupational Therapy [Group Cohesion]	Watch a favorite sport on television [Leisure]	Painting and colouring [RC] [Group Therapy]	Gardening, Water Plants, Plant flowers, stroll, Feed the birds [Instrumental Activities of Daily Living]

Our Home Amenities and Services

Carefree life, joy, laughter, companionship and happiness at Alpha. At this assisted living home, all your day to day need's and medical support is taken care of.



☼ Amenities

- Arts and crafts
- Music
- Book Clubs
- Religious services
- TV room
- Virtual Family Meeting Setup
- Wi-Fi
- Internet enabled rooms
- Resident parking
- Resident transportation

☼ Health Services

- Medication management
- Doctor visit (Once a week)
- Basic dressing and grooming
- Errand and personal needs
- Basic nursing care
- Exercise
- Meal preparation & nutrition management
- Personal care assistants
- Occupational therapy
- Respite care
- Emergency management
- Ambulation & wheelchair assistance
- Companion care
- In home helth care
- Activities of daily living (ADL) support

☼ Home Services

- Massage
- Yoga
- Laundry service
- Salon
- Offsite activities
- Gardening
- Housekeeping

Our Philosophy

To give each individual an exclusive experience of healthy living with assisted care, and a therapeutic and holistic approach.



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Occupational Therapy:

Aging is a physiologically inevitable process with chronological, social and psychological dimensions. Due to the physiological and physical changes that occur in the elderly in this process, some activities of the individuals are restricted or prevented from realizing these activities.

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Nutritional guidance:

Good health starts with the right nutrition. A good meal has the potential to uplift the spirits and invoke happiness and satisfaction. At Alpha, we ensure that each meal coming out of the kitchen is both delicious and nutritious. Meals at Alpha are curated by dietitians, enabling a balanced and holistic diet, considering the nutritional needs of seniors.

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Medical Support:

With a team of highly qualified doctors helming the operations at Alpha, we have made it our mission to help you have a happy, healthy and dignified life with the best medicare services, covering age-related chronic conditions as well as critical conditions that require specialized care. We have developed strict protocols and processes to ensure constant medical supervision without interrupting the fun.

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Yoga and Meditation:

Practicing self-care through yoga and meditation can help relieve the stress and anxiety that comes with aging and caregiving while improving flexibility, balance, and overall strength. Meditation is the practice of quieting the mind that results in relaxation of both body and mind. Yoga combines the mindfulness and breath control of meditation with specific bodily postures to help increase flexibility and strength.

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Reach us

By Road:

Distance from: New Delhi: 945km/14hrs
Mumbai : 464 km / 7hrs
Ahmedabad : 74km / 1.5hrs
Vadodara: 60km / 1hr

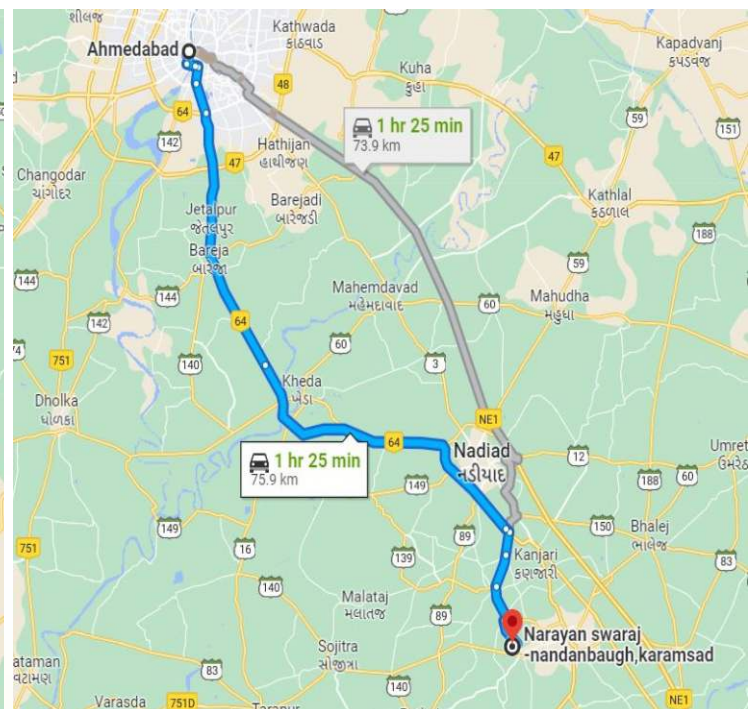
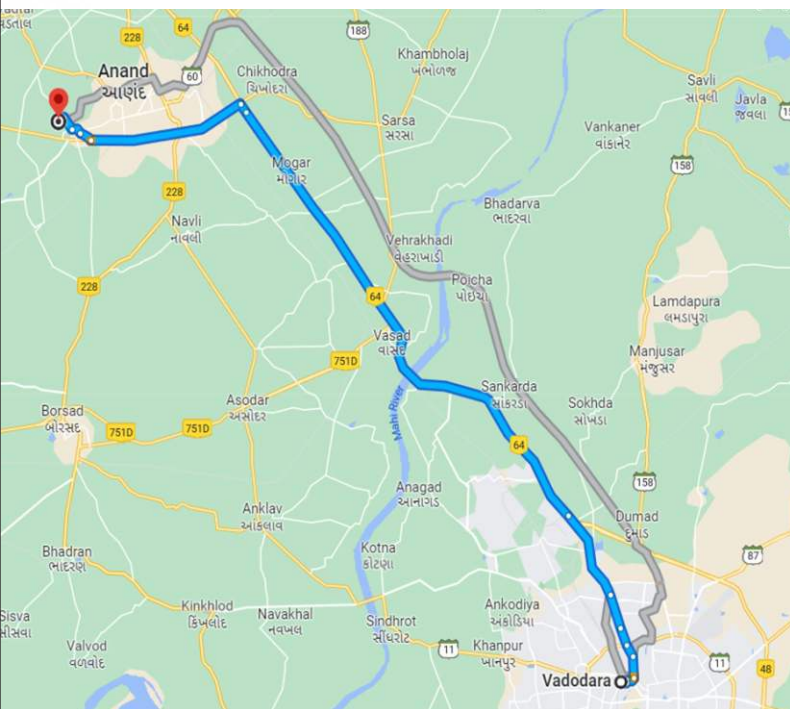
By Train:

Nearest Railway Station : Anand Junction
home is 30 minutes drive from station

By Air:

Fly to Vadodara (International Airport)
Our home is a 60 minute drive from the airport

Fly to Ahmedabad (International Airport)
Take Highway NE-1 or NH-8 for Ahmedabad
Our home is 1 hr 50 min drive from the airport.



Alpha

Elite Assisted Living Home

Alpha Elite Assisted Living Home
The Villa 79, Narayan Swaraj, Zod Road, Near karamsad,
Karamsad, Anand, Gujarat 388325

Home Address:

The Villa79,Narayan Swaraj Zod Road,
Near Karamsad,Karamsad,
Anand, Gujarat 388325

Request for more Information

✉ info.alphaeliteassistedliving@gmail.com

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